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Title page
Please include the article title, the full names of the authors and their institutional affiliations, as well as full details of each author’s current appointment. This page should also have the name, address, email address and contact telephone number(s) of the corresponding author.

Abstract
Approximately 150 words briefly introducing your article, giving a short background to the pertinent issues, and outlining the discussion points and main conclusions.

Introduction
In 80–120 words, this should aim to draw the reader into the article as well as broadly stating what the article is about.

Main body
Use sub-headings liberally and apply formatting to differentiate between heading levels (you may have up to three heading levels). The conclusion should be succinct and logically ordered, ideally identifying gaps in present knowledge and implications for practice, as well as suggesting future initiatives.

Tables and illustrations
Tables and figures – particularly photographs – are encouraged wherever appropriate. Figures and tables should be numbered consecutively in the order of their first citation in the text. Present tables at the end of the article; supply figures as logically labelled separate files. If a figure or table has been published previously, acknowledge the original source and submit written permission from the copyright holder to reproduce the material.

Article types
Articles may fall into the following categories. All articles should be 1700–2300 words in length and written with consideration of the journal’s readership (DSNs, diabetes nurse consultants, practice nurses and other healthcare professionals working in the field of diabetes nursing).

Clinical reviews should present a balanced consideration of a particular clinical area, covering the evidence that exists. The relevance to practice should be highlighted where appropriate.

Original research articles should be presented with sections for the background, aims, methods, results, discussion, limitations and conclusion. The discussion should consider the implications for clinical practice, and where necessary, ethical approval should be sought and stated.

Practical procedure articles should describe a healthcare procedure and detail the experiences that have been had with it. Elements of training or education may need to be incorporated.

Organisational articles could provide information on newly published guidelines or explain how a particular local service has been organised to benefit people with diabetes.

In the text
Use the name and year (Harvard) system for references in the text, as exemplified by the following:

- As Smith and Jones (2003) have shown…
- As already reported (Smith and Jones, 2003)…
- For three or more authors, give the first author’s surname followed by et al.
- As Robson et al (2005) have shown…
- Simultaneous references should be ordered chronologically first, and then alphabetically.
- (Smith and Jones, 2003; Young, 2003; Black, 2004)
- Statements based on a personal communication should be indicated as such, with the name of the person.

In the reference list
The total number of references should not exceed 30. Arrange references alphabetically first, and then chronologically. Give the surnames and initials of all authors for references with four or fewer authors; for five or more, give the first three and add “et al”. Papers accepted but not yet published may be included in the reference list as being “(In press)”.